Concerned about your drinking? You are not alone, there <u>is</u> help available! Come join others who have found a solution.

Alcoholics Anonymous: New Bern Hotline 252-633-3716

Meetings in Pamlico County (If you think you may have a problem you are welcome).

<u>Tuesday 8PM</u> - Oriental Tuesday Night Group - Meeting at the Free Will Baptist Church, 600 Ragan Road in Oriental, NC (2nd brick building on left).

<u>Thursday **7:30PM**</u> - Recovery and Beyond (a great meeting for new members) - Meeting at Alliance United Methodist Church, 687 Main Street, in Bayboro, NC.

<u>Friday 8 PM</u> - Oriental Friday Night Group - Meeting behind Brantley's Village Restaurant, 900 Broad Street (Hwy 55) in Oriental, NC.

<u>Sunday **7PM**</u> - Oriental Sunday Night Group - Meeting at St. Thomas Episcopal Church, 402 Freemason St, in Oriental, NC (2nd brick church on left).

Al-Anon (Members are people, just like you, who are worried about someone with a drinking problem).

<u>Tuesday **7PM**</u> - Meeting at 403 Mildred Street, in Oriental, NC.

Narcotics Anonymous (A group atmosphere which provides help from peers, and offers an on-going support network for addicts who wish to pursue and maintain a drug-free lifestyle).

<u>Wednesday **7PM**</u> - Never Alone @ 7 - Meeting at Alliance United Methodist Church, 687 Main Street, in Bayboro, NC