

Pamlico Parkinson's Network

You don't have to deal with Parkinson's Disease by yourself.

People living with PD in and around Pamlico County now have a support net - Pamlico Parkinson's Network.

We meet on the 2nd and 4th Fridays to share experiences and hear from guest speakers. We welcome people with Parkinson's, as well as caregivers.

Speaking of PD..

PD causes more than tremors, or stiffness. At our **next meeting**, on **Friday April 27** Carolina Smith of NCCU's Speech Clinic will discuss **how Parkinson's can affect the voice and the very act of breathing**. Also,

how **speech therapy can help and even be a lifesaver**.

We' meet from **1-2:45p** at the **Oriental United Methodist Church Fellowship Hall** .
(Entrance is on 3rd Ave.)

Friday April 27 1pm

More info: Kim Spruill 670-8987 or Dave Mauney dave@towndock.net