PAMLICO COUNTY EMERGENCY SERVICES

Pamlico County Reports
First Death Related to COVID-19

The Pamlico County Health Department is reporting the first COVID-19 associated death in Pamlico County.

The individual died on June 29th. The patient was elderly and had significant underlying medical conditions for which they had been hospitalized. To protect the family's privacy, no further information about this patient will be released.

Scott Lenhart, Pamlico County Health Director reminds everyone to practice the 3 "W"s, Wear, Wait and Wash. Practicing the 3 "W"s is a very good way to help reduce the spread of COVID 19. If you must leave home, practice your 3 Ws:

- **Wear** a cloth covering over your nose and mouth.
- **Wait** 6 feet apart. Avoid close contact.
- **Wash** your hands often with soap and water for at least 20 seconds or use hand sanitizer.

These actions can protect our families and neighbors as the state works to ease restrictions while the virus is still circulating.

To stay up to date in North Carolina on the latest information concerning the COVID Virus visit the NC COVID 19 Dashboard at https://covid19.ncdhhs.gov/dashboard or visit ncdhhs.gov/coronavirus or text COVIDNC to 898211. Call 2-1-1 (or 888-892-1162) for general questions or for help finding human services resources in your community.

Chris Murray, Director

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