

PCC Cultural & Life Enrichment Program

Designed to promote personal growth and self-enrichment. This may include courses in leisure activities, non-vocational skill development, learning a new language, discovering a new talent, arts & crafts, media techniques, wellness activities and much more, as well as musical and theatrical productions. These classes are self-supporting and use the talents and skills of some of our community's gifted residents.

For more information and registration, please contact:
Denise - 252-249-1851 x3113, dmcdermott@pamlicocc.edu

Sewing for Fun

This class is geared to the individual's needs, from very basic lessons on your machine to intermediate skills and tips i.e. measuring, while working on specific & fun projects and patterns. Students will need a variety of fabrics, sewing machine and an iron.

Instructor: Johnese Carmon

Registration: \$65 (10 classes)

Dates: Tuesdays & Thursdays, Aug.6 – Sept. 5

Times: 9:00am - 12:00pm

Quilting Basics

Join us to learn or review, enhance and renew your quilting desires! We will review binding and try some new projects, tired of the Christmas Stocking? We are going to do the Christmas Mitten. I have a new way to show you framing 5" blocks, we'll do a project from "3yard quilts" books, a stitch and flip review, ways to use 6.5" blocks, placemats, and if you have not tried it yet, paper piecing Courthouse Steps. If you have a project that you need some assistance with or just some definite time to work on it, come to quilting class!

If you want to do a Fall type project or a Christmas project - we will talk about it at the first class. Materials needed: sewing machine, cutting mat, straight edge, roller cutter, pins, and this time, an iron.

Instructor: Rolayne Schwendy

Registration: \$65 (5 classes)

Dates: Tuesdays, Sept. 3 – Oct. 1

Times: 1:00 – 4:00pm

Women and Girls Empowerment Self-Defense Course

This 2-hour single evening class covers strategies for dealing with threatening situations and boundary-violations, i.e. dealing with offensive comments or behavior, interactions with angry people, street harassment/danger, and physical and sexual assaults. Participants will learn and practice setting appropriate verbal and physical boundaries and other tactics intended to reduce vulnerability to becoming a target of violence. Skills are designed to increase safety by increasing awareness and personal presence, learning to assess dangerous situations and using appropriate intervention strategies that fit the situation. This class will involve the practice of physical techniques that anyone can learn, regardless of your physical skills or abilities. Please wear comfortable clothes that allow you to move freely. For females ages 16+.

Instructor: Darla Bolon (Certified Self-Defense Instructor with American Women's Self-Defense Association and the National Women's Martial Arts Federation). darlabolon@gmail.com

Registration: \$20

Date: TBD

Times: 5:30-7:30pm

Beginning/Intermediate Guitar

Enrich, enhance and explore guitar playing methods with an enthusiastic & patient instructor.

Instructor: Jeff Gurney

Registration: \$95 (6 classes)

Dates: Tuesdays, TBD

Time: 6:00 - 7:30pm

Fall Bird Watching

First class will meet in the Delamar Building at 9 a.m. for a slide show, discussion of birding optics and techniques with a short field trip afterwards. Subsequent classes will be held in the field with early morning meeting times.

Instructors: Sheryl McNair and Diane Midness

Registration: \$35 (4 classes)

Dates: Tuesdays, Oct. 8 – 29

Bridge for Beginners – FREE!

Learn to play this strategic and social card game and join a club

Instructor: Craig Welling

Registration: FREE!

Dates: Tues., Wed., & Thurs., Oct. 15, 16, 17

Time: 5:30 to 7 p.m.

Astronomical Viewing the Fabulous

This class will take you places and beyond – for beginners, armatures and pros!

Instructor: Fred Read

Dates: TBD, call to put your name on the list for more info or check the website!

Traditional Ceramic Program

Each student will learn the use of assorted ceramic tools and complete four projects using various ceramic finishes. Both beginners and experienced individuals are welcome. Class is held in the instructor's studio – Kil'n Thyme Ceramics.

Instructor: Barbara Drexler

Dates: TBD, please call for schedule information

Times: 9:00am - 12:00pm

Music Jams! Third & Fifth Thursdays - Free and Open to the Public - all levels of unplugged playing and enjoyment!

6 p.m. PCC Delamar Auditorium Atrium

Cultural and Life Enrichment Instructors Wanted!

Spread your knowledge, showcase your talents, enhance your community's experiences, spark a desire, and share a joy...

If you would enjoy sharing a talent, hobby or skill with enthusiastic students who are often of like mind and vast experiences themselves, then... Come on down to Pamlico Community College and be a part of a stress-free and fulfilling experience! Please contact us – 252.249.1851 x3113 or

dmcdermott@pamlicocc.edu